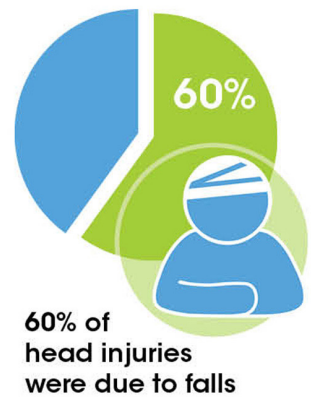
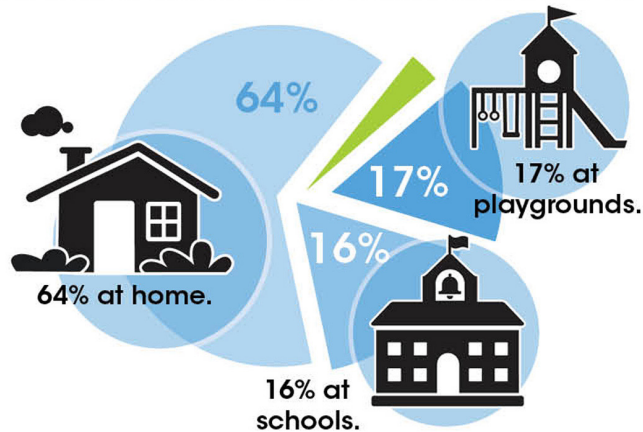
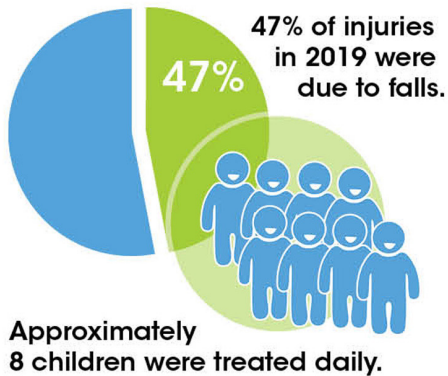


PREVENT FALLS

Over 2800 children are treated at Red Cross Children's Hospital for falls every year



At home

Don't leave babies unattended on high surfaces.



Strap in babies and young children in pushchairs and highchairs.



Walkers/rings can overbalance, tip and babies can fall.



Reposition your furniture, far from windows.

Install safety gates for stairs.



Install bed rail guards to prevent falls from bed.



Out & about

Actively supervise children at home, school, crèche, park and beach.



Use a harness or safety belt when using a shopping trolley seat.



Never jump out of any moving vehicle such as a train or bakkie.



Wear a helmet when cycling or skateboarding



IN AN EMERGENCY

Call Emergency Services for help (112 OR 10177)

