



(also called Covid-19)

Stay Safe

Wash your hands often with
SOAP & WATER.

Wash them for **20 seconds** – especially
when you come inside, before
you eat & after the toilet.

(also before & after you pick
your nose)



**Soap destroys
viruses before they can get
into your body.**



Just by washing
your hands you can
be a **Hero** and **stop** the
virus from spreading and
making people sick!



be a
Hero in my Hood