



(le boetse  
e bitswa  
Covid-19)

**Dula o Bolokehile**  
Hlapa matsoho a hao kgafetsa ka SESEPA le METSI.  
A hlapa ka metsotswana e 20 - haholoholo ha o kgutlela ka tlung, pele o ja le kamora ho sebedisa ntlwana.  
(hape le pele o tshwara nko ya hao le kamora ho e tshwara)

**SESEPA SE BOLAYA CORONA VIRUS**  
Nnele: sesepa se tlwaelchileng se qibidilisa leka le matfura ho potloha vaerase mme e ya tloha!



**Sesepa se bolaya divaerase pele di kena mmeleng wa hao.**



**10.**  
Hlohlora matsoho a hao ho a omisa.



**2.**  
Hohla diatla tsa hao hammoho.



**3.**  
Hohla dipakeng tsa menwana ya hao.



**4.**  
Hohla bokamorao ba menwana ya hao.

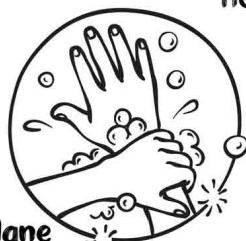


**9.**  
Pudutsa matsoho a hao.

**1.**  
Kolobisa matsoho a hao le ho a tlotsa ka sesepa ha o ntse o buletse metsi sinking ya lona. Tlotsa sesepa pompong ha o e kwala - sena se tla bolaya divaerase dife kapa dife tseo mohlomong di keneng ho yona.



**5.**  
Hohla bokamorao ba letsaho ka leng.



**8.**  
Hohla maqaqailane a matsoho a hao ka bobedi.



**7.**  
Hohla manala a hao hodima diatla tsa hao.



**6.**  
Hohla monwana ka mong o motona.



Ka ho hlapa  
feela matsoho a hao,  
o ka ba mohale le ho thibela vaerase ho nama le  
ho kudisa batho!



be a  
Hero in my Hood