



(also called Covid-19)

## Stay Safe

Wash your hands often with  
**SOAP & WATER.**

Wash them for **20 seconds** – especially  
when you come inside, before  
you eat & after the toilet.

(also before & after you pick  
your nose)



**Soap destroys  
viruses before they can get  
into your body.**



Just by washing  
your hands you can  
be a **Hero** and **stop** the  
**virus** from spreading and  
making people sick!



be a  
**Hero in my Hood**